

# Références bibliographiques

1. Pico-Espinosa OJ, Aboagye E, Côté P, Peterson A, Holm LW, Jensen I, Skillgate E. Deep tissue massage, strengthening and stretching exercises, and a combination of both compared with advice to stay active for subacute or persistent non-specific neck pain: A cost-effectiveness analysis of the Stockholm Neck trial (STONE). *Musculoskelet Sci Pract.* 2020 Jan 17;46:102109.
2. Baker SE, Painter EE, Morgan BC, Kaus AL, Petersen EJ, Allen CS, Deyle GD, Jensen GM. Systematic Clinical Reasoning in Physical Therapy (SCRIPT): Tool for the Purposeful Practice of Clinical Reasoning in Orthopedic Manual Physical Therapy. *Phys Ther.* 2017 Jan 1;97(1):61-70.
3. Peters R1, Schmitt MA, Verhagen AP, Pool-Goudzwaard AL, Mutsaers JAM, Koes BW. Comparing the range of musculoskeletal therapies applied by physical therapists with postgraduate qualifications in manual therapy in patients with non-specific neck pain with international guidelines and recommendations: An observational study. *Musculoskelet Sci Pract.* 2019 Nov 10;46:102069.
4. Oostendorp RA, Elvers H, Mikolajewska E, Laekeman M, van Trijffel E, Samwel H. "Clinical biopsychosocial physiotherapy assessment of patients with chronic pain: The first step in pain neuroscience education" by Amarins J Wijma et al., 2016. *Physiother Theory Pract.* 2017 Mar;33(3):260-262.
5. Herman PM, Vernon H, Hurwitz EL, Shekelle PG, Whitley MD, Coulter ID.
6. Clinical Scenarios for Which Cervical Mobilization and Manipulation Are Considered by an Expert Panel to Be Appropriate (and Inappropriate) for Patients With Chronic Neck Pain. *Clin J Pain.* 2020 Apr;36(4):273-280.
7. Yeung E1, Woods N1, Dubrowski A2, Hodges B1, Carnahan H3. Establishing assessment criteria for clinical reasoning in orthopedic manual physical therapy: a consensus-building study. *J Man Manip Ther.* 2015 Feb;23(1):27-36.
8. Dewitte V1, Cagnie B2, Barbe T1, Beernaert A1, Vanthillo B1, Danneels L1. Articular dysfunction patterns in patients with mechanical low back pain: A clinical algorithm to guide specific mobilization and manipulation techniques. *Man Ther.* 2015 Jun;20(3):499-502.
9. Dolphens M1, Nijs J, Cagnie B, Meeus M, Roussel N, Kregel J, Malfliet A, Vanderstraeten G, Danneels L. Efficacy of a modern neuroscience approach versus usual care evidence-based physiotherapy on pain, disability and brain characteristics in chronic spinal pain patients: protocol of a randomized clinical trial. *BMC Musculoskelet Disord.* 2014 May 8;15:149.
10. Boff TA, Pasinato F, Ben ÂJ, Bosmans JE, van Tulder M, Carregaro RL. Effectiveness of spinal manipulation and myofascial release compared with spinal manipulation alone on health-related outcomes in individuals with non-specific low back pain: randomized controlled trial. *Physiotherapy.* 2019 Nov 18;107:71-80.
11. Dayanir IO1, Birinci T2, Kaya Mutlu E3, Akcetin MA1, Akdemir AO Comparison of Three Manual Therapy Techniques as Trigger Point Therapy for Chronic Nonspecific Low Back Pain: A Randomized Controlled Pilot Trial. *J Altern Complement Med.* 2020
12. Lee KS, Lee JH Effect of maitland mobilization in cervical and thoracic spine and therapeutic exercise on functional impairment in individuals with chronic neck pain. *J Phys Ther Sci.* 2017 Mar;29(3):531-535.